

Join the Movement

A movement is spreading around the world to reconnect children with nature. A growing body of research suggests that a child's psychological and physical health improves when he or she spends time in nature on a regular basis. TimberNook is an outdoor programme for children that integrates sensory experiences, imagination, creativity and supports the healthy development of all children in their own time and at their own pace. The more that children engage in self-directed play and take reasonable risks outdoors, the more they are equipped to be successful in home and school environments. At TimberNook children have the opportunity to play together and independently using stories, games and experiences to have fun, learn, develop and explore.

TimberNook locations around the world in NZ, Australia, US, Canada and the UK provide a unique sensory experience that is carefully designed to foster creativity, imagination and independent play in the great outdoors. TimberNook Providers are the champions of outdoor play and at the core of what we do, and we are now excited to be offering the opportunity for early childhood

centres and schools to become TimberNook powered by becoming TimberNook Certified to deliver TimberNook programmes, to learn more visit www.timbernook.com/schools

I look forward to sharing TimberNook adventures with the next generation of explorers!

Wendy Pirie

Director, TimberNook New Zealand and Australia



Become a TimberNook Provider in your region and join our team of passionate change-makers. TimberNook Providers are professionals who want to take their work with children outdoors. They come bearing diverse gifts, unique personal experiences, and backgrounds ranging from play therapy to medical qualifications. Our programming is in high demand and profitable to deliver.

We currently have opportunities for new TimberNook providers to launch in New Zealand and Australia. We run intensive training sessions for new Providers – the next session will be held in Hawke's Bay 9 – 13 September 2019. So, if you are interested in this amazing opportunity get in touch with Kirsten Kelly to learn more. You can also find more information on the TimberNook website.



Timbernook Around the Country

TimberNook West Coast

We are proud to launch a brand new TimberNook in Kumara on the West Coast these July school holidays. TimberNook West Coast is located at Kahurangi Lodge on the Taramakau River mouth, halfway between Greymouth and Hokitika. The first programme to be offered to West Coast families is *Barefoot and Buckets* – a classic TimberNook programme which will be delivered by Wendy Pirie and local facilitator Jess Gummer. To find out more check out our website.



Jess and the TimberNook West Coast site

TimberNook Christchurch

We use a variety of fantastic locations around Christchurch from exotic forest, native reserves, old school sites and estuary edges depending on the session being offered. The range of programmes offered includes Tiny Ones playgroup for children aged 1-6 years with a caregiver, programmes for primary aged children during school holidays, Going Wild Weekends on Saturday mornings, hosting ECE and school groups, birthday parties and special events. To find out

more please email Kim or check out our Facebook page.



TimberNook Wellington

TimberNook Wellington awaits in a bush-clad valley only 25 minutes from the centre of Wellington and on the doorstep of the Hutt Valley, at the Stratton Street entrance of Belmont Regional Park. Surrounded by hill country and farmland the children enjoy a peaceful sanctuary amongst trees and native bird song. A meandering stream, the beautiful Boardwalk falls, giant boulders and open grassy spaces will ignite your child's imagination. Our uniquely New Zealand woolshed classroom (warm & sheltered) serves as the gateway to a memorable outdoor experience.

You can check out TimberNook Wellington's current programmes here.



TimberNook Hawke's Bay

What a fabulous Autumn Hawke's Bay offered this season! We were mostly blessed with warm days and at the onset of winter children were still fully immersed in the mud pit. Fun, fun, fun! In fact, having fun has become our fourth rule at TimberNook. The children themselves initiated the rule, as apparently, they are told to have fun every day they attend. Warm fuzzy stuff!

Due to popularity we have opened our Wild Ones (Forest Education Program) on a second day of the week. Both days are now fully booked with waiting lists. This is very exciting times for us as we see the benefits that TimberNook is providing for more and more children and the journey that we are on. We have also offered a Little Wild Ones program for next term. This program is for 3 to 7 year olds, on a Tuesday (term time) 9am – 2pm. This is a drop off education program that will ensure our younger explorers have opportunities for sensory nature play at our special place. Bookings for Little Wild Ones and our upcoming July Holiday programs are available online here.

Check out <u>this story</u> on TimberNook Hawkes Bay, Forest Education and getting kids back to nature. This is a great read by journalist Sarah Cates who visited us recently.

For any further information please email Sonia or phone 027 242 4596.





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